

Policy Name	Clinical Policy – Specialty Spectacle Lenses
Policy Number	1330.00
Department	Clinical Strategy/Product
Subcategory	Medical Management
Original Approval Date	06/20/2018
Current MPC/CCO Approval Date	04/24/2023
Current Effective Date	08/01/2023

Company Entities Supported (Select All that Apply) <input checked="" type="checkbox"/> Superior Vision Benefit Management <input checked="" type="checkbox"/> Superior Vision Services <input checked="" type="checkbox"/> Superior Vision of New Jersey, Inc. <input checked="" type="checkbox"/> Block Vision of Texas, Inc. d/b/a Superior Vision of Texas <input checked="" type="checkbox"/> Davis Vision (Collectively referred to as ‘Versant Health’ or ‘the Company’)

DEFINITIONS	
D Diopter	The measurement unit for focusing power and refractive error
High Index	A lens fabrication that is lighter weight and has an increased impact resistance than standard lenses
Polycarbonate	A lens material with greater impact resistance than standard lenses
Trivex	A lens material with greater impact resistance than standard lenses
UV	Ultraviolet

PURPOSE

To provide the medical necessity criteria to support the indication(s) for specialty lenses. Applicable procedure codes are also defined.

POLICY

A. BACKGROUND

The industry standard for spectacle lenses is based on what is reasonable and recommended in clinical practice based on a variety of reasons including aesthetics, frame selection, and inherent properties of the lenses. In laymen’s terms, thickness of lens edge compared to frame, lens qualities that make eyes appear larger or smaller, rimless plastic or metal frames, UV protection, and scratch resistance.

Medical necessity goes beyond lifestyle choices and addresses functional vision impairment. Factors contributing to medical necessity criteria are weight of the lens, optics, prescription strength, aberrations, optical quality, and induced prismatic effect.

High index lens materials often permit fabrication of thinner, lighter lenses that are more comfortable for the wearer and may provide added safety due to greater impact resistance.

Spectacle lenses are made from a variety of materials. The optimal choice for the patient depends on several factors: lens weight, thickness, resistance to scratches, shatter-resistance, and ultraviolet (UV) protection. Many other considerations need to be factored into lens selection related to the purpose of the eyeglasses, the activities of the wearer, and cost. Lens thickness is inversely proportional to refractive index. So, for the same prescription (Rx), a higher refractive index yields a thinner lens. Thinner lenses generally weigh less than thicker ones and are more comfortable to wear. The index of refraction of different lens materials are CR-39 plastic (1.50), crown glass (1.52), Trivex (1.53), polycarbonate (1.59), and high index plastics (1.60-1.74).

The American National Standard Institute's ANSI Z87 Committee has established impact resistance standards as well as minimum lens thickness. Lenses made from Trivex or polycarbonate have significantly more impact-resistance than other lens materials for added safety. A broken or shattered lens poses a severe safety hazard to the eye.

B. Medically Necessary

1. **Polycarbonate** lenses may be medically necessary for the following:

- a. Patients with high ametropia (≥ -6.00 or $\geq +4.00$) diopters in any meridian¹
- b. Patients under age 18
- c. Patients who have vision of 20/200 or worse in one eye to protect both eyes;
- d. As required for reasons of disability, or vocational, occupational, or recreational tasks

2. **High Index lenses**²

$\geq \pm 8.00$ diopters of refractive error in any meridian

3. **Transition lenses/sunglasses**

Will be considered medically necessary for the following diagnoses:

- a. Aniridia
- b. Coloboma
- c. Albinism
- d. Ocular Albinism
- e. Iridodialysis

¹ Borish Clinical Refraction, pgs. 869-877, 1166

² Borish Clinical Refraction, pgs. 869-877.

4. FL 41 Filters

FL-41 Filters are medically necessary for a diagnosis of blepharospasm.

C. Not Medically Necessary

For ultraviolet blocking lenses, blue blocking lenses and tinted lenses, there is insufficient evidence in the peer reviewed literature to support improved health outcomes, except for conditions stated above. For other indications, these add-ons are considered lifestyle or cosmetic in nature.

D. Documentation

Medical necessity must be supported by adequate and complete documentation in the patient's medical record that describes the medical rationale for specialty spectacle lenses, consistent with the medical necessity criteria enumerated above. The medical record must be available upon request to initiate or sustain previous payments. For any retrospective review, a full operative report and/or the clinical care plan is needed.

Every page of the record must be legible and include appropriate patient identification information (e.g., complete name, date(s) of service). Services provided/ordered must be authenticated by the physician, in a handwritten or electronic signature. Stamped signatures are not acceptable.

E. Procedural Detail

CPT Codes	
S0580	Polycarbonate lens (list this code in addition to the basic code for the lens)
V2744	Tint, photochromatic, per lens
V2745	Addition to lens; tint, any color, solid, gradient, or equal, excludes photochromatic, any lens material, per lens
V2755	U-V lens, per lens
V2761	Mirror Coating
V2762	Polarized lenses
V2782	Lens, index 1.54 to 1.65 plastic or 1.60 to 1.79 glass, excludes polycarbonate, per lens (list this code in addition to the basic code for the lens)
V2783	Lens, index greater than or equal to 1.66 plastic or greater than or equal to 1.80 glass, excludes polycarbonate, per lens (list this code in addition to the basic code for the lens)
V2784	Lens, polycarbonate or equal, any index, per lens (list this code in addition to the basic code for the lens)
Required Modifiers	
RT	right side
LT	left side

CPT Codes	
Invalid Modifiers	
24	EM visit during post-op period
25	EM visit same day as minor procedure
57	EM visit same day as major procedure
22	Increased Procedural Services
26	Professional Component
TC	Technical Component
59	Distinct Procedural Service

DISCLAIMER and COPYRIGHTS

This policy is provided for information purposes only and does not constitute medical advice. Versant Health, Inc., and its affiliates (the “Company”) do not provide health care services and cannot guarantee any results or outcomes. Treating doctors are solely responsible for determining what services or treatments to provide to their patients. Patients (members) should always consult their doctor before making any decisions about medical care.

Subject to applicable law, compliance with this clinical policy is not a guarantee of coverage or payment. Coverage is based on the terms of an individual’s particular coverage plan document, which may not cover the service(s) or procedure(s) addressed in this clinical policy. The terms of the individual’s specific coverage plan are always determinative. Every effort has been made to ensure that the information in this clinical policy is accurate and complete, however the Company does not guarantee that there are no errors in this policy or that the display of this file on a website is without error. The company and its employees are not liable for any errors, omissions, or other inaccuracies in the information, product, or processes disclosed herein. Neither the company nor the employees represent that the use of such information, products, or processes will not infringe on privately owned rights. In no event shall the Company be liable for direct, indirect, special, incidental, or consequential damages arising out of the use of such information, product, or process.

COMPANY’S COPYRIGHT STATEMENT Except for any copyrights described below, this clinical policy is confidential and proprietary, and no part of this clinical policy may be copied without Versant Health, or its applicable affiliates, expressing prior written approval.

AMA COPYRIGHT STATEMENT CPT© is the 2002-2023 copyright of the American Medical Association. All Rights Reserved. CPT™ is a registered trademark of the American Medical Association. Applicable FARS/DFARS Apply to Government Use. Fee schedules, relative value units, conversion factors and/or related components are not assigned by the AMA, are not part of CPT, and the AMA is not recommending their use. The AMA does not directly or indirectly

practice medicine or dispense medical services. The AMA assumes no liability for data contained or not contained herein.

RELATED POLICIES AND PROCEDURES	
1309	Medically Necessary Contact Lenses

DOCUMENT HISTORY		
Approval Date	Revisions	Effective Date
06/20/2018	Initial Policy	06/20/2018
07/25/2019	Minor revisions	08/01/2019
06/03/2020	Add specific criteria for transitional lenses, light filter/tints, and polycarbonate coatings; policy renamed.	09/01/2020
04/07/2021	Restated the metric for high ametropia for poly carbonate lenses to any meridian from “spherical equivalent. Added 5 CPT codes for lens tints and chromatic coatings.	09/01/2021
04/06/2022	Annual review; no criteria changes	07/01/2022
04/12/2023	Annual review; no criteria changes. Add 4 add on codes to configuration. Codes are not new to policy.	n/a not effected
04/24/2023 (Via email)	2 nd review for Q2 2023: Change parameters of high ametropia for polycarbonate lenses from >6. To (≥ -6.00 or $\geq +4.00$) in any meridian. Add \geq sign to current measure (+/- 8.00 diopters) for high index lenses.	08/01/2023

REFERENCES AND SOURCES

1. Aghaji AE, Udeh NN, Okoye OI, et al. Spectacle design preferences among school children in Enugu State, Nigeria. Niger J Clin Pract. 2021 Dec;24(12):1828-1834. doi: 10.4103/njcp.njcp_521_20. PMID: 34889792.
2. Albin F, Riva MA. Medicus curat: sungazing versus spectacles? Eye (Lond). 2020 Aug;34(8):1303-1304. doi: 10.1038/s41433-020-0784-5. Epub 2020 Jan 29. PMID: 31996841; PMCID: PMC7468543.
3. Atchison DA, Smith G, Johnston AW. Prismatic effects of spherical ophthalmic lenses. Am J Optom Physiol Opt. 1980 Nov;57(11):779-90. doi: 10.1097/00006324-198011000-00001. PMID: 7446685.
4. Atchison DA, Rozema JJ. Retinal image size in pseudophakia. Ophthalmic Physiol Opt. 2021 Nov;41(6):1222-1230. doi: 10.1111/opo.12874. Epub 2021 Aug 24. PMID: 34427946.
5. Blackburn MK, Lamb RD, Digre KB, et.al. FL-41 tint improves blink frequency, light sensitivity, and functional limitations in patients with benign essential blepharospasm. Ophthalmology. 2009 May;116(5):997-1001. doi: 10.1016/j.ophtha.2008.12.031. PMID:

- 19410958; PMID: PMC2701948. Bressler NM. Reducing the Progression of Myopia. *JAMA (Journal of the American Medical Association)*. 2020 Aug 11;324(6):558-559. doi: 10.1001/jama.2020.10953. PMID: 32780128.
6. Borish, IM, and William JB. *Borish's clinical refraction*. WB Saunders, 1998. (book)
 7. Christoff A, Guyton DL. How to measure slab-off and reverse slab prism in spectacle lenses. *J AAPOS*. 2007 Aug;11(4):414-5. doi: 10.1016/j.japos.2006.11.109. Epub 2007 Feb 5. PMID: 17280851.
 8. Doroslovački P, Guyton DL. Photographic simulation of off-axis blurring due to chromatic aberration in spectacle lenses. *J AAPOS*. 2015 Feb;19(1):91-3. doi: 10.1016/j.jaaapos.2014.09.010. PMID: 25727601.
 9. Dotan G, Truong B, Snitzer M, et al. Outcomes of an inner-city vision outreach program: give kids sight day. *JAMA Ophthalmol*. 2015;133(5):527–532.
 10. Evans JR, Morjaria P, Powell C. Vision screening for correctable visual acuity deficits in school-age children and adolescents. *Cochrane Database Syst Rev*. 2018 Feb 15;2(2):CD005023. doi: 10.1002/14651858.CD005023.pub3. PMID: 29446439; PMCID: PMC6491194.
 11. Gillespie LD, Robertson MC, Gillespie WJ, et al. Interventions for preventing falls in older people living in the community. *Cochrane Database Syst Rev*. 2012;(9):CD007146. Published Sep 2012.
 12. Hiraoka T. Myopia Control with Orthokeratology: A Review. *Eye Contact Lens*. 2022 Mar 1;48(3):100-104. doi: 10.1097/ICL.0000000000000867. PMID: 34860723.
 13. Hoskin AK, Philip S, Dain SJ, et al. Spectacle-related eye injuries, spectacle-impact performance, and eye protection. *Clin Exp Optom*. 2015 May;98(3):203-9. doi: 10.1111/cxo.12283. PMID: 25963111.
 14. Jhetam S, Mashige KP. Effects of spectacles and telescopes on visual function in students with oculocutaneous albinism. *Afr Health Sci*. 2020 Jun;20(2):758-767. doi: 10.4314/ahs.v20i2.28. PMID: 33163041; PMCID: PMC7609099.
 15. Koo EB, Gilbert AL, VanderVeen DK. Treatment of Amblyopia and Amblyopia Risk Factors Based on Current Evidence. *Semin Ophthalmol*. 2017;32(1):1–7.
 16. Lambert SR, DuBois L, Cotsonis G, et al. Infant Aphakia Treatment Study Group. Spectacle Adherence Among Four-Year-Old Children in the Infant Aphakia Treatment Study. *Am J Ophthalmol*. 2019 Apr; 200:26-33. doi: 10.1016/j.ajo.2018.12.017. Epub 2019 Jan 8. PMID: 30633891; PMCID: PMC6445735.
 17. Pillay R, Hansraj R, Rampersad N. Historical Development, Applications and Advances in Materials Used in Spectacle Lenses and Contact Lenses. *Clin Optom (Auckl)*. 2020 Sep 29; 12:157-167. doi: 10.2147/OPTO.S257081. PMID: 33061731; PMCID: PMC7532918.
 18. Prousalis E, Haidich AB, Fontalis A, et al. Efficacy and safety of interventions to control myopia progression in children: an overview of systematic reviews and meta-analyses. *BMC Ophthalmol*. 2019;19(1):106. Published 2019 May 9; doi:10.1186/s12886-019-1112-3.
 19. Țone S, Niagu IA, Bogdănici ȘT, et al. Update in pediatric myopia treatment strategies. *Rom J Ophthalmol*. 2020 Jul-Sep;64(3):233-238. PMID: 33367156; PMCID: PMC7739548.
 20. Travi GM, Schnall BM, Lehman SS, et al. Visual outcome, and success of amblyopia treatment in unilateral small posterior lens opacities and lenticonus initially treated non surgically. *J AAPOS*. 2005;9(5):449–454. doi: 10.1016/j.japos.2005.06.001.

21. Van de Bruaene C, Flamant T, Rogiers P. A breathtaking spectacle. *Eur J Intern Med.* 2020 Mar; 73:92-93. doi: 10.1016/je.jim.2019.12.027. Epub 2020 Jan 3. PMID: 31902563.
22. Vinger, PF, Parver, L, et al. Shatter Resistance of Spectacle Lenses, *JAMA.* 1997; 277(2):142-144.
23. Wang J, Feng L, Wang Y. et.al. Binocular benefits of optical treatment in anisometropic amblyopia. *J Vis.* 2018; 18(4):6.

SOURCES

1. CFR 801.410(d)(2) Eyeglass lenses must comply with impact resistance standards; American National Standard Institute, ANSI Z87.
2. FDA Guidance document for nonprescription sunglasses. <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/guidance-document-nonprescription-sunglasses-guidance-industry>. 10/9/1998. Accessed 4/21/2023.
3. New York State Medicaid Program. Vision Care Manual. Policy Guidelines. Sept. 2013. https://www.emedny.org/ProviderManuals/VisionCare/PDFS/VisionCare_Policy_Guidelines.pdf. Accessed 4/21/2023.
4. Texas Medicaid Provider Procedures manual. April 2023. https://www.tmhp.com/sites/default/files/microsites/provider-manuals/tmpppm/html/index.html#t=TMPPM%2F2_Vision_and_Hearing_Srvs%2F2_Vision_and_Hearing_Srvs.htm&rhsearch=vision&rhhlterm=vision&rhsyns=%20. Accessed 4/21/2023.